

Pediatric First Aid-CPR-AED Skill Sheet

Name: _____

Date: _____

Adult CPR / AED

Satisfactory

Instructor: "YOU ARRIVE ON SCENE FOR A SUSPECTED CARDIAC ARREST. NO BYSTANDER CPR HAS BEEN PROVIDED. YOU APPROACH THE SCENE AND ENSURE IT IS SAFE. DEMONSTRATE WHAT YOU WOULD DO NEXT."	
Checks responsiveness.	
Shouts for help / Sends someone to phone 911 and get an AED.	
Instructor: "HERE'S THE BARRIER DEVICE. I AM GOING TO PHONE 911 AND GET THE AED."	
Checks breathing.	
Cycle 1 of CPR Performs high quality compressions (hand placement, rate, depth, chest recoil)	
Gives 2 breaths w/ barrier device (each over 1 second, visible chest rise, rate)	
Cycle 2 of CPR Gives 30 high quality compressions	
Gives 2 effective breaths	
Instructor: "HERE IS THE AED."	
Powers on AED.	
Correctly attaches pads.	
Clears for analysis.	
Clears to safely deliver a shock.	
Presses button to deliver shock.	
Student immediately resumes compressions.	
Cycle 3 of CPR Gives 30 high quality compressions.	
Gives 2 effective breaths.	

Child CPR

Satisfactory

Instructor: "YOU ARE HOME ALONE WITH A CHILD, AND THE CHILD SUDDENLY COLLAPSES IN FRONT OF YOU. THE SCENE IS SAFE. YOU HAVE A CELL PHONE, BUT NO AED NEARBY. DEMONSTRATE WHAT YOU WOULD DO NEXT."	
Checks responsiveness.	
Shouts for help / Phones 911 on the cell phone.	
Checks breathing.	
Cycle 1 of CPR Performs high quality compressions (hand placement, rate, depth, chest recoil)	
Gives 2 breaths w/ barrier device (each over 1 second, visible chest rise, rate)	
Cycle 2 of CPR Gives 30 high quality compressions	
Gives 2 effective breaths	
Cycle 3 of CPR Gives 30 high quality compressions	
Gives 2 effective breaths	
Instructor: "EMS HAS ARRIVED AND IS TAKING OVER."	

Infant CPR

Satisfactory

Instructor: WHILE YOU ARE PUSHING A BABY IN A STROLLER AT THE PARK, YOU NOTICE SOMETHING IS WRONG WITH THE BABY. YOU DO NOT HAVE A PHONE NEARBY. YOU ENSURE THE SCENE IS SAFE AND TAKE THE BABY OUT OF THE STROLLER. DEMONSTRATE WHAT YOU WOULD DO NEXT. "	
Checks responsiveness.	
Shouts for help.	
Checks breathing.	
Cycle 1 of CPR Performs high quality compressions (hand placement, rate, depth, chest recoil)	
Gives 2 breaths w/ barrier device (each over 1 second, visible chest rise, rate)	
Cycle 2 of CPR Gives 30 high quality compressions	
Gives 2 effective breaths	
Cycle 3 of CPR Gives 30 high quality compressions	
Gives 2 effective breaths	
Instructor: "YOU HAVE JUST COMPLETED 5 SETS OF 30 COMPRESSIONS AND 2 BREATHS."	
Verbalizes the need to leave and phone 911	

First Aid Skills on Back →

Removing Gloves

Satisfactory

Instructor: "EMS HAS ARRIVED AND TAKES OVER. YOU MAY NOW REMOVE YOUR GLOVES. DEMONSTRATE WHAT YOU WOULD DO NEXT."	
Grips one glove on the outside, near the cuff, to peel it off.	
Cups the inside-out glove with the gloved hand.	
Places 2 fingers of the bare hand inside the cuff to peel the second glove off, with the first glove inside it.	
Verbalizes the need to dispose of gloves properly.	

Finding the Problem

Satisfactory

Instructor: "YOU FIND A CHILD LYING ON THE FLOOR. THERE IS A PHONE, FIRST AID KIT, and AED ON THE WALL. DEMONSTRATE HOW YOU WOULD FIND THE PROBLEM."	
Verbalizes the scene is safe.	
Taps and shouts.	
Instructor: "THE CHILD IS UNRESPONSIVE."	
Shouts for help / Phones 911 / Gets the First Aid kit and AED.	
Checks breathing.	
Instructor: "THE CHILD IS BREATHING NORMALLY."	
Looks for injury and medical information jewelry.	
Instructor: "THE CHILD IS NOT INJURED, AND THERE IS NO MEDICAL INFORMATION JEWELRY."	
Verbalizes that he/she will stay with the child until EMS arrives.	

Stopping Bleeding and Bandaging

Satisfactory

Instructor: "YOU WILL DEMONSTRATE STOPPING BLEEDING AND THEN BANDAGING A SMALL CUT ON THE CHILD'S FOREARM. YOU HAVE THE FIRST AID KIT AND ARE NOW READY TO BEGIN."	
Tells child to place pressure over the cut with a clean dressing.	
Verbalizes putting on gloves.	
Applies pressure to the bleeding area.	
Instructor: "THE BLEEDING IS NOT STOPPING."	
Adds more dressings and presses harder.	
Instructor: "THE BLEEDING HAS STOPPED."	
Applies more bandages over the dressing.	

Using an Epinephrine Pen

Satisfactory

Instructor: "A CHILD IS HAVING A SEVERE ALLERGIC REACTION, HAS AN EPI PEN, AND NEEDS HELP USING IT. YOU HAVE COMPLETED ALL PREVIOUS STEPS AND ARE NOW READY TO USE IT. SHOW WHAT YOU WOULD DO NEXT."	
Holds the epinephrine pen in their fist.	
Takes off the safety cap.	
Presses epinephrine pen firmly against the outer side of thigh for 10 seconds.	
Removes the epinephrine pen.	
Rubs injection site for 10 seconds.	

Passed all modules: YES NO

Needs remediation in _____ module(s).

**Instructor Signature
and Date:**